Company Number: 02657454 Charity Number: 1005353



# THE BRITISH ASSOCIATION OF PLASTIC RECONSTRUCTIVE AND AESTHETIC SURGEONS

**Annual Report** 

30 September 2015

RSM UK Tax and Accounting Limited 3<sup>rd</sup> Floor, One London Square, Cross Lanes, Guildford, Surrey GU1 1UN

### EXECUTIVE SUMMARY for the year ended 30 September 2015

The Trustees of the Charity are the elected Officers and members of the Council of the Association.

The Trustees are assisted by invited advisors who are neither trustees of the charity nor directors of the company.

The Charity is supported by a secretariat of 8 part and full-time employed staff.

The Association was founded in 1946 and incorporated on 21 October 1991.

The work of the Association is carried out by numerous committees which report regularly to the Council. The Council meets 4 times per year.

The charitable aims of the Association are to relieve sickness and to promote and protect public health by the promotion and development of plastic surgery and to advance education in the field of plastic surgery.

The Association is one of 10 surgical specialty associations and it is a statutory body charged with directing training and education in Plastic Surgery.

The Association is therefore represented on a number of bodies including the BMA, FSSA, the Healing Foundation, the Intercollegiate Board and JCST, NICE, ABS, The Royal College of Surgeons Council, IPRAS, ESPRAS, EBOPRAS and so on.

The Journal, JPRAS, is owned by the Association with Professor S. Hofer as editor.

Financially, the Association is in good health with 'free reserves' of £1,797,858 The Trustees are in the process of determining a suitable target for the level of 'free reserves' that the charity should aim to hold. The Trustees are consulting with the Association's stakeholders to determine how best the 'free reserves' should be used in line with the charitable aims of the Association (see 'future strategies' below).

Key areas of development for the Association in 2014/2015 have been:

- Education grants were awarded to the sum of £130,552.
- Research grants were awarded to the sum of £73,720.
- The British Foundation for International Reconstructive Surgery and Training (BFIRST), which was incorporated as a company on 13 August 2012. It has been registered as a charity and was formally launched in November 2014. Work continues to establish this further.
- Establishment of a joint research fellowship with RCS and ABS to the sum of £30,000 and the two undergraduate study days.
- Hosted two scientific meetings, three advanced educational conferences, one masterclass in aesthetic surgery and one undergraduate study day.
- Funded a workforce planning group to determine NHS requirements for consultant plastic surgeons in the future.
- Worked collaboratively with other professional bodies on the review to regulate aesthetic surgery training and practice in order to better protect the public.

### EXECUTIVE SUMMARY (Continued) for the year ended 30 September 2015

- Review of Communications strategy and public relations.
- The UK National Flap Registry was launched.
- The first 2 year Presidency of the Association commenced in 2013.
- A review of the website was completed and a tendering process will commence.

Future strategies for the Association include:

- Developing plans and policies for communication with the public and the membership.
- Developing high quality research initiatives with the Association's partners including The Healing Foundation.
- To use some of the 'free reserves' to appoint a Surgical Advisor.
- To use some of the 'free reserves' to continue the BAPRAS remote e-learning project "e-lpras".
- To re-develop the BAPRAS website.
- BAPRAS will develop a patient centred guide on Breast Reduction and Body Contouring along the lines of the one previously published on Breast Reconstruction.

This executive summary was approved by the Trustees on 17 March 2016, and was signed for and on behalf of the board by

A Pandya

Jonorary Secretary & Company Secretary

### TRUSTEES' ANNUAL REPORT for the year ended 30 September 2015

The Trustees present their report and the financial statements of The British Association of Plastic Reconstructive and Aesthetic Surgeons (also known as "BAPRAS", "the Association" or "the Charity") for the year ended 30 September 2015.

#### REFERENCE AND ADMINISTRATIVE DETAILS

The Trustees of the Charity, who are also the Directors of the Company, are the elected officers and members of the Council of the Association, who have served on the Council since 1 October 2014, as follows:

N Mercer A Perks A Pandya N James	President (from 1 January 2015) Deputy President (to 31 December 2014) Deputy President (from 1 January 2015) President (until 31 December 2014) Honorary Secretary and Company Secretary Honorary Treasurer			
U Khan D Lam H Lewis S Pape F Peart E Sassoon P Budny S Hamilton A Hazari S Majumder D Boyce M Shah N Yii P McArthur O Ahmed T Burge A Dancey R Haywood C Hill I Mackay A Misra A Khandwala A Kotwal B Jemec D McGill M Swann	2012-2014 (demitted office 31 December 2014) 2013-2015 (demitted office 31 December 2015) 2014-2016 2014-2016 2014-2016 2014-2017 (appointed 1 January 2015) 2015-2017 (appointed 1 January 2015) 2016-2018 (appointed 1 January 2016)			

#### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

The Trustees of the Charity are assisted and advised by the following individuals, who are invited to the Council, and in that capacity, are neither trustees of the charity nor directors of the company:

Editor 2010-2015 S Hofer

President. The British Association of Aesthetic Plastic Surgeons 2014-2015 M Cadier President, The British Association of Aesthetic Plastic Surgeons 2013-2014 R Grover

President, The Irish Association of Plastic Surgeons 2015-2017 M O'Donnell President, The Irish Association of Plastic Surgeons 2012-2014 P Eadie

Patient Liaison Representative 2014-2017 J Atherton Chair, SAC in Plastic Surgery 2012-2015 A Fitzgerald

President, Plastic Surgery Trainees Association (PLASTA) 2014-2016 H Lloyd-Hughes President, Plastic Surgery Trainees Association (PLASTA) 2012-2014 Chair, Professional Standards Committee 2012-2015 A Murphy

T Goodacre

Chair, Research Committee 2012-2015 J Nanchahal Chair, Education Committee 2015-2017 U Khan

Chair, Intercollegiate Board in Plastic Surgery 2015-2017 D Coleman B Powell Chair, Intercollegiate Board in Plastic Surgery 2012-2014

Chair, BFIRST B Jemec

The principal address of the Charity and the registered office of the Company is the Secretariat offices of the Association at The Royal College of Surgeons of England, 35-43 Lincoln's Inn Fields, London WC2A 3PE.

The Charity is registered under the charity number 1005353, and the Company is incorporated with the company registration number 02657454.

The Trustees have made the following professional appointments:

Solicitor:

Radcliffes Le Brasseur, 5 Great College Street, Westminster,

London SW1P 3SJ

Accountant:

RSM UK Tax and Accounting Limited, 3rd Floor, One London Square,

Cross Lanes, Guildford, Surrey GU1 1UN

Auditor:

RSM UK Audit LLP, Davidson House, Forbury Square, Reading,

Berkshire RG1 3EU

Investment Manager:

Schroder Investment Management Limited, 31 Gresham Street,

London EC2V 7QA

Bankers:

National Westminster Bank plc, PO Box 2021, 10 Marylebone High Street,

London W1A 1FH

CCLA Investment Management Limited, 80 Cheapside, London EC2Y 6DZ

Lloyds TSB Bank plc, Southampton Row Branch, Victoria House,

Southampton Row, London WC2B 5HR

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

The following members of staff comprise the Secretariat of the Association, and are responsible for the day-to-day management of the Association:

Mrs H C Roberts

Secretariat Manager

Mrs S Dholakia

Finance Manager

Ms S Ross

Workforce Planning Administrator

Miss J Hall

Committee Administrator

Miss A Rausch

Membership Administrator Communications and Event Administrator

Mrs G M Adlington Mrs J Richards

Finance Administrator

Miss K Prashar

**Events and Communications Administrator** 

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Status & History

BAPRAS is a registered charity, and a company limited by guarantee, not having share capital. Every member undertakes to contribute an amount not exceeding £1 to the assets of the Association in the event of the Association being wound-up during the period of membership, or within one year thereafter.

The Association was founded in 1946 as the British Association of Plastic Surgeons with the aim of relieving sickness and protecting and preserving public health by the promotion and development of plastic surgery.

The Association was incorporated on 21 October 1991, became a registered charity on 28 October 1991, and changed its name to The British Association of Plastic, Reconstructive and Aesthetic Surgeons on 11 July 2006. BAPRAS is governed by its rules and regulations, as set down in the company's Memorandum and Articles of Association, which were originally adopted on 21 October 1991, and were then updated on 2 December 1998 and 11 July 2006.

#### Organisational Structure

The overall strategic direction of the Charity is determined by the Trustees, who are assisted and advised by invited members of the Council of the Association, and by the non-trustee members of the various BAPRAS Committees. The Committees of the Association are used to focus discussion on issues pertaining to their particular roles and titles, and these Committees then report and submit recommendations to the Council. The Council comprises the President, the Deputy President, the Honorary Secretary, the Honorary Treasurer, plus fifteen elected full members serving for a three-year period.

The day-to-day management of the Association has been delegated by the Trustees to a team of staff, that are based in the Association's Secretariat offices, and who are led by the Secretariat Manager.

#### Committees

The Association operates the following Committees. The President, Deputy President, Honorary Secretary and Honorary Treasurer are ex-officio members of all committees, and the following other Trustees have also served on the committees during the year under review:

Finance

A Hazari

F C Peart

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

Committee of Management for the Journal of Plastic, Reconstructive and Aesthetic Surgery No additional trustee members

Education

U Khan

S Pape

Research

No additional trustee members

Professional Standards

R P Cole

D G K Lam

S Hamilton

E Weiler-Mithoff

Communications

P Budny

T E E Goodacre

F Mehendale

G Murphy

Awards

No additional trustee members

Scientific Meeting

U Khan

#### Method of Recruitment, Appointment, Election, Induction & Training of Trustees

The Trustees of the Charity are the officers and elected members of the Council of the Association.

#### Recruitment

The full members of BAPRAS are given due notice of the forthcoming vacancies on the Council and for Office holders, and are invited to nominate suitable candidates. Each nomination is proposed and seconded, and each nominee provides written consent and a synopsis of why they wish to become a Council member. Only full members are eligible to be appointed as Officers and Council members.

#### Appointment & Election

Under the terms of the current Memorandum and Articles of Association, the members of the Council are elected at the Annual General Meeting. Full members are therefore invited to vote for the number of nominees required to the fill the vacancies on Council within their regions.

The President will hold post for two years and remains on Council for one further year as the Deputy President. The Honorary Secretary and the Honorary Treasurer will serve an initial term of three years, and can be elected for a further term. Any such officer who has held office for two continuous terms shall not be eligible for re-election to that office.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

Induction & Training

All new Trustees are provided with an induction manual containing Officers and Council member job descriptions, Committee terms of reference, Association policy statements, a copy of the current BAPRAS governing document, the latest charity risk assessment, the calendar of activities, and copies of relevant up-to-date Charity Commission guidance.

In line with recommended best practice, the process for recruitment, appointment, election, induction and training of Officers and elected members of Council is periodically reviewed, and updated as may be necessary. The Trustees seek professional advice particularly in relation to training and governance matters as and when it is deemed appropriate to do so.

#### Risk & Corporate Governance Matters

The Trustees believe that BAPRAS does not need to expose itself to a high level of risk in order to achieve its present aims and goals. Therefore, a policy is followed to ensure that only risks that are, or can be mitigated to, medium risk level, are accepted by the Trustees and the Association. This overall assessment of risk may change at a later date depending on initiatives being considered at the time.

The Honorary Treasurer and Finance Manager undertake the initial annual risk review, and then present the results for scrutiny by the Finance committee and thereafter Council. Any significant changes in the Association's risk profile will be highlighted to the membership at the Annual General Meeting. This is reviewed annually.

The main areas of risk that have been identified are adverse publicity, inadequate management of employment issues, and loss of key staff. A public relations company is employed to increase public awareness of plastic surgery, and part of their role is to minimise the Association's potential exposure to adverse publicity. Professional human resources advice is obtained to ensure compliance with employment law.

#### **Professional Indemnity Insurance**

The Charity has taken out a charity trustees' indemnity and professional indemnity insurance policy that provides professional indemnity cover for the Trustees of the Charity. The cover provided by the policy is £5 million for any one claim (2013/2014: £2 million). The cost of this insurance policy to the Charity for the year was £12,322 (2013/2014: £8,895).

#### Trustees' Responsibilities in the Preparation of Financial Statements

The Trustees (who are also the Directors of The British Association of Plastic Reconstructive and Aesthetic Surgeons for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law, the Trustees have prepared financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company, and of the incoming resources and application of resources, including income and expenditure, of the charitable company for that period.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with Companies Acts 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from the legislation in other jurisdictions.

#### **Auditor**

RSM UK Audit LLP (formerly Baker Tilly UK Audit LLP) has indicated its willingness to continue in office.

#### Statement as to Disclosure of Information to the Auditor

The Trustees at the date of approval of this trustees' annual report confirm that so far as each of them is aware, there is no relevant audit information of which the Charity's auditor is unaware, and the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

#### **OBJECTIVES AND ACTIVITIES**

#### **Charitable Objectives**

The charitable objectives for which the Charity is established are as follows:

- To relieve sickness and to protect and preserve public health by the promotion and development of plastic surgery; and
- To advance education in the field of plastic surgery.

In interpreting its charitable objectives, BAPRAS has formulated the following strategic statement:

#### Mission Statement

To promote the best evidence-based practice in plastic, reconstructive and aesthetic surgery in order to achieve the highest standard of patient care through professional support in education, research and the development of knowledge.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

#### **Charitable Activities**

In pursuance of its charitable objectives, and in order to achieve the overall aims and goals of its mission statement, the Association's principal activity is the dissemination of information as it relates to the specialty.

Each year this activity is undertaken in a number of ways by BAPRAS:

- Leading and guiding professional practice and being responsive to the needs of constituent members of the Association;
- Forming a governing body to formulate and implement policy and manage the affairs of the Association;
- Defining professional competency in terms of knowledge and skills;
- Promoting under-graduate and post-graduate education and continuing professional development;
- Advancing the science of plastic surgery by stimulating and supporting research and disseminating knowledge at scientific meetings and through the Journal of Plastic, Reconstructive and Aesthetic Surgery; and
- Being responsive to the needs and aspirations of patients and their representatives.

The membership of the Association comprises plastic surgeons and a small number of surgeons and scientists from allied disciplines. As part of the membership subscription full, honorary and senior members, and trainee and junior members receive the Journal of Plastic, Reconstructive and Aesthetic Surgery as well as receiving details of current events, plastic surgery conferences, and information on recent and relevant plastic surgery issues.

The Association itself subscribes to the European Board of Plastic, Reconstructive and Aesthetic Surgery and the European Society of Plastic, Reconstructive and Aesthetic Surgery.

BAPRAS organises two key scientific meetings annually. These meetings are run to disseminate new medical information to members and also include lectures and discussion forum sessions. These meetings play an important part in the training of plastic surgeons and continuing medical education of consultants. Medical practitioners submit papers to the Programme Committee for acceptance and review. The accepted papers form an integral part of the meeting programmes.

The Journal of Plastic, Reconstructive and Aesthetic Surgery (JPRAS) is owned by the Association and published by Elsevier Science. The Editor is supported by the Committee of Management for the Journal of Plastic, Reconstructive and Aesthetic Surgery representing the Association and an Editorial Board with an International Faculty. The entire back archive of JPRAS (formerly BJPS) can be viewed online.

The Association organises the Educational Programme in Plastic Surgery consisting of seven two-day courses over a four-year period. The programme is aimed at trainees in plastic surgery from initial to advanced levels, and is based upon the curriculum for the FRCS(Plast) examination. The programme is also of value to trainees and specialists in interface specialties and provides valuable updates for continuing medical education. The Education Committee had established an annual two-day masterclass in aesthetic surgery held in May 2015 at the Royal College of Physicians in London. This was the first module of a series of two-day meetings on training on aesthetic surgery, the second to be held in May 2016.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

#### Indicators, Milestones & Benchmarks

The Trustees monitor a range of measures by which to try to determine the success of the Charity in meeting its objectives. These measures include:

- Level of membership as a percentage of total relevant consultants, and the trend over time (increasing or decreasing);
- Attendance at the annual Scientific Meetings;
- Feedback from delegates attending the Scientific Meetings, the uptake on new initiatives to encourage attendance, and feedback on individual sessions, papers, and lectures at the Scientific Meetings;
- Circulation and readership of JPRAS;
- Levels of submission of papers for the Scientific Meetings and for publication in JPRAS;
- Requests for publications including abstracts and papers;
- Throughput of delegates attending the Educational Programme in Plastic Surgery;
- Number of visits to the Association's website and feedback from visitors;
- Number of medical students attending National Study days giving introduction to discipline of plastic surgery; and
- Risk assessment of possible future developments within the specialty.

#### **Public Benefit**

The Trustees have taken The Charity Commission's general guidance on public benefit (contained within their guidance publication "Charities and Public Benefit") into consideration in preparing their statements on public benefit contained within this trustees' annual report.

#### Benefits & Beneficiaries

In accordance with its charitable objectives, the Association strives to improve patient care and to improve the quality of medical and surgical care for the benefit of patients within the specialty of plastic, reconstructive and aesthetic surgery. The Charity's ultimate beneficiaries are therefore patients, and benefits to patients are provided through continuing dissemination of information in relation to the specialty by the Association.

#### Trustees' Assessment of Public Benefit

The main charitable aims of the Association are to provide education and research for the ultimate betterment of patients. This is achieved by the Association's organisation of regular scientific meetings and also the provision of advanced educational courses on various subjects related to plastic surgery. Charitable funds are used to support research in the specialty.

In addition, the Association offers advice to the GMC via the Royal Colleges of Surgeons with regard to revalidation and reaccreditation of plastic surgeons. The Association also furthers education by a collaborate project (e-learning project) to provide education via the internet.

#### **Grant Making Policy**

The Education committee exists to further the education and training agenda of BAPRAS. In doing so, the committee reviews applications for the Association's range of existing bursaries, prizes, grants and fellowships, and also develops new bursaries as a need becomes apparent. The range of BAPRAS bursaries are advertised in various Association publications, including JPRAS, and on the Association's website. Where appropriate, application forms are available and can be supplied from the BAPRAS secretariat offices. The Education committee makes recommendations to the Council on the awarding of bursaries.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

For 2015/2016, the Education committee has been allocated a budget of £94,923 (2014/2015: £139,440). In addition, BFIRST has a budget of £40,000 for 2015/2015 which was previously included within the Education budget, The education awards include:

	<u>£</u>
Travelling Bursaries	25,000
Joint ABS Fellowship	19,483
Aesthetic Surgery Tutor	10,000
Student Bursaries	10,000
Surgical Champion	7,500
European Travelling Scholarship	6,000
Northern Tutor (joint with RCPSG)	5,000
Paton & Masser Memorial Fund	5,000
Healing Foundation/BAPRAS Medical Student Scholarship	3,000
President's Prize	1,000
Overseas Presentations	2,400
Barron Prize	500
lan McGregor Medal	40
	94,923
	======

For 2015/2016, the Research Committee has been allocated a budget of £40,000 (2014/15: £70,000). This includes £20,000 towards to funding of consumables and £20,000 for a clinical study.

#### Relationships with Related Parties

BAPRAS shares its Secretariat office with the British Society for Surgery of the Hand. The British Elbow and Shoulder Society joined the Secretariat in June 2013, with one member of staff working three days per week for BESS and two days for BAPRAS. BAPRAS have set up a charity called BFIRST and this is managed within the Secretariat.

The Association is a founder member of the Healing Foundation and continues to be represented on the Research Council and Board of Trustees of that organisation. The Association has established some jointly funded research fellowships in areas of mutual interest.

#### Representation on Other Bodies

In pursuing its charitable objectives, the Association has representation on other external bodies, such as the Council of the Royal College of Surgeons of England and Forum, and receives reports from them. In particular, BAPRAS was represented by the following individuals:

BMA Central Consultants & Specialists Committee BMA Surgical Specialties Committee G D Smith

Federation of Surgical Specialty Associations/The Surgical Forum A G B Perks

Healing Foundation – Research Council A Hart J Nanchahal N Parkhouse

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

Healing Foundation – Board of Trustees R H Milner

Intercollegiate Board in Plastic Surgery B W E M Powell H Nishikawa J O'Donoghue

Association of Breast Surgeons J O'Donoghue

National Institute for Health & Clinical Excellence E M Sassoon

The Royal College of Surgeons of Edinburgh Surgical Specialty Group S Hamilton

The Royal College of Surgeons of England Council A G B Perks

The Royal College of Surgeons of England Invited Review Mechanism R H Milner

Advisor In Cleft Surgery T E E Goodacre

Specialist Advisory Committee in Plastic Surgery

U Khan I Mackay R H Milner A Ray S Wood R Price

Liaison Members - Specialist Advisory Committee in Plastic Surgery

Liaison Members
S M Carroll
A Fitzgerald
A O Grobbelaar
K Hancock
V C Lees
I McKay
L Kangesu
J O'Donoghue
M Henley
I Watson

European Board of Plastic, Reconstructive and Aesthetic Surgery J G Boorman T E E Goodacre

TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

European Society of Plastic, Reconstructive and Aesthetic Surgery  $\mathsf{C} \; \mathsf{T} \; \mathsf{K} \; \mathsf{Khoo}$ 

International Confederation for Plastic, Reconstructive and Aesthetic Surgery A G B Perks

Union Européenne De Médecins Spécialistes (Mono-Specialist Committee for Plastic Surgery) J G Boorman T E E Goodacre

#### **ACHIEVEMENTS AND PERFORMANCE**

#### **Activities & Events**

In 2014/2015, BAPRAS continued to manage the Advanced Educational Courses Programme, continued the expansion of the E-learning project, maintained and continued on-going improvement to the BAPRAS website, and undertook a fifth Workforce Planning initiative.

The membership of the Association at 30 September 2015 totalled 930 (30 September 2014: 923). The number of Honorary Members increased by 5, Full Members increased by 18, Trainee Members increased by 2, Junior Members decreased by 17, Associate Members decreased by 2, Affiliate Members decreased by 1, Overseas Members decreased by 4, the number of Senior Members increased by 4 and the number of Interspecialty Members remained the same. The Association aim to encourage those Consultants not currently full members to take up membership. Trainees in plastic surgery in the NHS will be granted free membership for one year on joining.

The Winter Scientific Meeting 2014 was held at the Royal College of Surgeons of England, London, and was attended by 472 (2013: 474) participants, including 88 (2013: 102) Trainee Members. A total of 58 (2013: 86) free papers were presented, and there were 60 (2013: 81) poster presentations. The meeting was also supported and attended by 25 (2013: 26) trade exhibitors.

The Summer Scientific Meeting 2015 was held as a combined meeting with the Royal Belgian Society for Plastic Surgery in Bruges, Belgium. This event was attended by 454 (2014 ESPRAS meeting: 916) participants. A total of 50 (2014: 374) papers were presented, and 77 (2014: 510) poster presentations. The meeting was also supported and attended by 24 (2014: 58) trade exhibitors.

The Journal of Plastic Reconstructive and Aesthetic Surgery (JPRAS) is owned by the Association and continues to be published in conjunction with Elsevier Science. Professor S Hofer continued as Editor of JPRAS. The number of papers submitted to the journal in 2014/2015 was 1,198 of these, 393 were accepted (2013/2014: 1,491, of these 352 were accepted). The Association held an interview process for a new editor from 2016.

Courses three and four in series three of the ongoing Advanced Educational Courses in Plastic Surgery were held: Limb reconstruction, in October 2014, was attended by 114 delegates and 24 faculty and guests (the equivalent course in the previous series attracted 152 delegates and 19 faculty/guests). Burn surgery in March 2015 was attended by 103 delegates and 29 faculty/guests (the equivalent course in the previous series attracted 132 delegates and 17 faculty/guests).

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

A Medical Student Day was held in January 2015 in London. The aim of these events was to raise the awareness of plastic surgery amongst medical students at all stages and from all areas of the UK. The event was attended by 83 medical students (March 2014: 52) and 15 faculty members (10 in March 2014).

The Fellowship examinations in plastic surgery were held in Dublin and Swansea, Of the 68 candidates taking the examination in total, 43 achieved the standard required to pass the examination.

BAPRAS published "Your Guide to Breast Reconstruction" in 2010, A re-print of books was funded by the Association. These booklets continue to be sought after by the general public and hospitals where breast surgery is undertaken. Due to the success of this book, similar guides on the subjects of Breast Augmentation and Skin Cancer were published in November 2014 during the Association's Scientific Meeting. These booklets also continue to be sought after by the general public and hospitals.

BAPRAS continues to develop an e-Learning platform to support both the Plastic Surgery Training Curriculum for Trainees and Consultant re-validation. The project is run and the content developed by a team of plastic surgeons headed by Mrs Sarah Pape as the national clinical director.

The e-learning project in plastic, reconstructive and aesthetic surgery project (e-LPRAS) is an online educational resource that is being written by plastic surgeons and other health professionals from the UK and beyond. It is sponsored by BAPRAS and run in partnership with e-Learning for Healthcare.

Modules 1, 2 and 9 (of 9) are now complete and online. Many more sessions are in production and are being uploaded to the learning management system on a weekly basis. The number of registered users continues to increase and now exceeds 2,500. One section of the content has also been released to the wider audience of healthcare providers as a separate project called e-Laser. This is designed to cover the requirements of the MHRA "Core of Knowledge for the Safe Use of Lasers, IPL and other Optical Radiation Devices."

The Communications Team continued to deliver its strategic objectives in 2014/2015, running a 24 hour press desk and producing proactive media stories which allow the scope and breadth of the specialty to be demonstrated and involved working with a number of members across the UK. All performance indicators set for the year were achieved or exceeded. BAPRASVoice, introduced in December 2011 continues to be popular and informative. This contains the news, views and media activities for the Association. The findings of a recent membership survey have been incorporated into the work carried out by the Association. The project, 'Think over before you Makeover' was launched. This ongoing project was deemed successful and will be continued. The project is aimed at patients to select safe and appropriate cosmetic surgery. A small number of members undertook media training. This is seen as a public benefit.

The BAPRAS Code of Practice was implemented and adopted by the membership in 2013. The purpose of this code is to define acceptable behaviour in plastic surgery, to encourage the maintenance of the highest surgical standards, to support the professional regulation of the specialty and to provide a model for reflective practice in line with on-going appraisal and revalidation. This document will be reviewed and updated accordingly in 2016.

The Association continued to form links with specialist societies in plastic surgery worldwide. Memorandums of Understanding were signed with the Malaysian Association of Plastic and Aesthetic Craniomaxillofacial Surgeons and the Korean Society of Plastic and Reconstructive Surgeons. BAPRAS members would be honoured guests at the Korean meeting in March 2016 in Seoul.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

The Independent and Aesthetic Practice Committee approved at the Annual General Meeting in December 2012 held its augural meeting in November 2014. The remit of the committee is to consider all aspects of independent practice and aesthetic surgery strategies for the Association including education. The purpose and aims of this Committee will be reviewed in 2016.

Special Interest Groups (SIGs) groups continue to be formed and be active. These provide a small specialist group for sharing ideas and problem solving.

#### Impact of Activities & Events

The impact of activities and events is indicated by the following items:

1. Level of membership of Plastic Surgery Consultants who are members of the Association:

There are currently 456 Consultants (2013/2014: 438) who are members of the Association which is approximately 94% (2013/2014: 91%) of Consultant Plastic Surgeons in NHS practice in the UK.

2. Attendance at Scientific Meetings:

There were 472 (2013/2014: 474) attendees at the Winter Scientific Meeting and 454 (2013/2014: 916) attendees at the Summer Scientific Meeting. Winter Meeting: 58 papers and 60 posters presented (2013/2014: 86 papers and 81 posters presented). Summer meeting: 50 papers and 77 posters presented (2013/2014: 374 papers and 510 posters presented).

3. Attendance at other meetings/courses:

A total of 217 people (2013/2014: 286 people) attended the Educational Programme during 2014/2015.

#### **Public Benefit**

During the year 2014/2015, the Trustees gathered the following evidence that demonstrates to their satisfaction that BAPRAS continues to benefit the public through its activities targeted to achieve its charitable objectives:

- The number of members and non-members attending the Summer and Winter scientific meetings;
- The number of attendees to the Educational Programme in Plastic Surgery;
- A total of £130,552 (2013/2014: £124,046) was awarded in grants;
- A total of £73,720 was awarded towards research;
- The documentation of support from individual patients and patient groups with regards to plastic surgery and their involvement with the Association; and
- The Association continue to have lay representation on Council to ensure that the needs of general public continue to be taken into consideration in Association business.

#### FINANCIAL REVIEW

### Financial Results of Activities & Events

During the year, the Association generated £1,165,264 (2013/2014: £1,470,683) of incoming resources, and expended resources of £1,388,848 (2013/2014: £1,263,415) principally disseminating information as it relates to any and all of the fields that pertain to the Association's charitable objectives.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

In particular, the Scientific Meetings made a surplus of £28,468 (2013/2014: £73,761 deficit), and the Journal of Plastic, Reconstructive and Aesthetic Surgeons contributed £296,805 (2013/2014: £617,516) towards the other operational costs of the Association.

#### **Grant Making**

The Education committee was allocated a budget of £139,440 for 2014/2015. The Research Committee was allocated a new budget of £70,000 which included £30,000 for a joint RCS/BAPRAS research fellowship.

The charity BFIRST was established from the Overseas Service & Training committee. This continues with the development of an overseas fellowship scheme and was awarded a budget of £40,000 for 2014/2015.

Grants actually awarded during 2014/2015, including commitments in respect of payments to be made in future years, were as follows:

	$\underline{\mathfrak{E}}$
Healing Foundation	75,000
BFIRST	40,000
Joint RCS/BAPRAS Research Fellowship	30,000
Travelling Bursaries	24.000
Pump priming clinical trials and consumables	43,720
Joint ABS/BAPRAS Fellowship	
Overseas grants	15,000
Aesthetic Surgery Tutor	13,545
Student Bursaries	10,000
Travelling Bursaries Overseas	9,000
Patton & Masser Memorial Fund	7,771
Furgroup Scholarskin Assault	7,250
European Scholarship Awards	2,000
Barron Prize	1,500
RCS Art and Military exhibition	446
lan McGregor medal	40
	270 272
	279,272
	=====

#### Reserves Policy

At 30 September 2015, the charity's 'free reserves' amounted to £1,797,858 (30 September 2014: £2,097,738).

The Trustees continue to determine a suitable target for the level of 'free reserves', if any, that the Charity should aim to be holding in future years. As a part of this process, the Trustees will be continuing to consult with the Charity's key stakeholders to identify how existing 'free reserves' should be used in line with the charitable aims of the Association.

The areas of emphasis will continue to be education and research including the provision of information to the public. Education continues to be supported nationally and locally, and the medical student education programme is being enhanced. In the light of this aim, it is highly likely that a proportion of existing 'free reserves' will be held on a long term basis to generate a regular income stream in perpetuity with the balance of 'free reserves' being spent in a systematic and controlled manner on appropriate projects.

TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

#### **Investments Policy**

The Trustees have wide ranging powers to invest the funds of the Association as they see fit, and in practice, they receive advice from the Association's investment managers on appropriate investments. The Association's investment portfolio continues to be managed by Schroder Investment Management Limited, with an increase in cash holdings in view of the current economic changes.

The Trustees' new investment strategy, and the instructions that they have given to the Association's investment managers, is to aim to increase the value to the investment portfolio until it achieves a valuation of £2 million. Thereafter, the Trustees will once again review the Association's planned future activities and funding requirements with a view to drawing income from the investment portfolio whilst maintaining the capital value in real terms.

Any short term surplus cash funds are to still be held in high interest bearing deposit accounts.

For the year ended 30 September 2015, the Charity's investments portfolio grew in value by 2.1% after adjusting for net cash increases (2013/2014: grew in value by 5.7% after adjusting for net cash increases) and achieved an average income return of 4.1% (2013/2014: 3.5%) and the Charity's unrestricted cash deposits achieved an average income return of 1.7% (2013/2014: 1.5%).

#### **PLANS FOR FUTURE PERIODS**

#### **Future Strategy**

1. Workforce, Activity, and Patient Related Outcome rolling knowledge base:

The Association continues to develop a substantive process for continual collection and analysis of plastic surgical practice, in order to provide the highest possible data from which better patient care initiatives can be championed.

2. Professional standards development:

The Association continues to engage with Governmental and College based initiatives to ensure the provision of a plastic surgical workforce of the highest standard. It will work to support members in maintaining the highest standard of practice, with guidance for registration and re-validation when required. As part of this process, it will seek to define the scope and standard of best practice, in partnership with the Intercollegiate Examinations Board. In this context, it is important to recognise that aesthetic surgical procedures fall firmly within the sphere of plastic surgical practice. However, not all non-surgical aesthetic/cosmetic activities can be managed by the Association, and the anticipated growth of such services and therapies around the fringe of mainstream surgical methods in the 21<sup>st</sup> Century is not seen as a strategic area for the Association to embrace.

Support for plastic surgical education:

The Association will continue to support research Fellowships (in close association with the Healing Foundation), travel and educational support, undergraduate and post graduate educational courses, Journal development, e-learning initiatives, and targeted material in specialist areas for surgical specialties and patient groups. It will explore initiating prestigious awards for individuals to encourage best practice from high quality research in the discipline. These educational activities will include (in line with all corporate social enterprise within UK company structure) an element of 'pro bono' work directed at the poorest communities within the least advantaged nations.

High Quality research initiative:

The Association set up a Research Committee (early 2012) to develop a strategy to further the initiation, encouragement, and promulgation of research within Plastic Surgery of a standard that could be expected to make a substantial change to patient care, and which competes with the highest standards of such activity seen internationally.

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

Development of the plastic surgical 'community':

Recognising that the benefits of harmonious working environments are immeasurable but substantial, the Association will develop activity to support the surgical community meeting for social and network formation as well as purely education. Regional activities will be encouraged and supported as well as development of strong means of accountability and feedback from elected regional representatives.

6. Public perception of Specialty:

The Association recognises the continual need for the high standing of practice and activity to be promoted in the public domain. Whilst recognising that the best approach to this remains energetic activity in the areas of research, education, and clinical surgery, it is clear that the support of skilled public relations management will be required for both crisis management' and also direction in best practice for interaction with media organisations. The Association will regularly review the supply of such services to maximise output from what can be reasonably afforded from Public Relations support, with the best interests of the widest element of the membership as possible.

In addition to all of the above, the Association will continue to address the process of running a fully representative and responsive organisation for a membership that includes diverse subspecialties and evolving areas of clinical practice. This will include:

- Periodic review of the functions of the Association with reference to how it can support its individual members;
- Maintaining financial stability, which includes assessment of financial risks and review of an investment strategy;
- Advancing the cause of British plastic surgery locally, regionally, nationally and internationally;
- Bringing the disparate associated groups under one roof or organisation;
- Improving training and assessment, and developing new methods of training;
- Developing the plastic surgery service in terms of specialisation, but also encouraging new ideas, new technologies and new methods of practice;
- Improving relationships with other associated specialties;
- Continue to explore and expand the establishment of an educational foundation; and
- Providing guidance at local, regional and national level about the specialty.

#### **Future Activities and Events**

During 2015/2016, BAPRAS will be undertaking the following projects:

- Two undergraduate study days will be held in London;
- The Summer 2016 Scientific Meeting will take place in Bristol;
- The Winter 2016 Scientific Meeting will be held in London;
- Modules of the Advanced Courses series will continue;
- An aesthetic masterclass will be held in May 2016 at the Royal Society of Medicine and held in conjunction with them:
- BFIRST was successfully and officially launched during the 2014 Winter Scientific Meeting. This
  will continue in 2016 furthering the development of the overseas fellowships and to advise the
  Association on other matters related to training and support for developing countries;
- A review of office management and activity is on-going and discussed by Council;
- The Plastic Surgery Workforce Survey will be conducted for a sixth time, thus establishing the current demographics of the UK Plastic Surgery Specialty;
- The E-Learning project will continue in 2016 for completion in September 2017. It will be structured based on the funds already allocated for this project;
- BAPRAS launched a new website in November 2014. Work will continue to improve interactive facilities, make more user friendly with access to a wide range of information more easily available to members of the public and members of BAPRAS;

### TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

- A fellowship in aesthetic surgery in conjunction with the Healing Foundation and BAAPS to the value of £8,000;
- The Association has formed a Microsurgical Committee who will meet during 2016. A microsurgery session will form part of each scientific meeting;
- The Young Consultants 'Think Tank' will continue to promote the Association to encourage junior consultants to obtain membership and become involved in the work of BAPRAS;
- The Honorary Archivist will manage the publication of a book "BAPRAS: The next thirty years" to be published in November 2016. This follows the success of "BAPS: The first forty years" published in 1987;
- The Prosthetic Joint Implant Working Group met during 2015, and a book on this subject will be published in 2016;
- In 2016, the Secretariat will undertake some work for PRASIS, the plastic surgery medical legal organisation;
- The Association will hold a one day combined meeting with the British Limb Reconstruction Society as part of their annual meeting;
- The Association had appointed a Council member to manage Commissioning in order that plastic surgery features prominently within the NHS Commissioning Board. Miss Hazari, the appointed member, liaised with NHS England. On matters relating to obesity/weight loss surgery, paediatric surgery and female genital surgery, she will coordinated the views of specialist members within BAPRAS and responded to the various CRG consultations; and
- BAPRAS published in November 2015, two booklets entitled "Guide to Breast Reduction" and "Guide to Bariatric Surgery".

#### Impact of Activities & Events

The Trustees will principally assess the success of the above activities and events by evaluating the number of delegates attending the meetings and courses, the number of papers submitted and the feedback from meeting and course questionnaires.

In addition, on the basis that as at 31 December 2014 92% of Consultant Plastic Surgeons were members of the Association, the Trustees would like to see this figure maintained or exceeded in the future. Active Plastic Surgeons in the UK who are not members or who have left membership will be consulted to learn from their experience and requirements from a professional supporting association.

The number of delegates attending the Winter and Summer Scientific Meetings should not fall below the most recent levels. The number of papers and posters presented at the Scientific Meetings should not fall below the most recent levels.

The Trustees are aware that the number of delegates attending the Educational Programme courses will fluctuate depending in particular on the specific topic being covered. Each series is made up of seven meetings held over 4 years, and the Trustees' target is that in financial terms each series should at least break even.

#### **Public Benefit**

In the future, the Trustees intend to ensure that BAPRAS continues to benefit the public by contacting the members to gather evidence from patients in relation to public benefit.

TRUSTEES' ANNUAL REPORT (Continued) for the year ended 30 September 2015

### FUNDS HELD AS CUSTODIAN

Although the Association maintains restricted funds to deal with incoming resources that are earmarked for a particular purpose by donors, sponsors, and other funders, the Association does not currently hold, and the Trustees do not anticipate that it will in the future hold, any funds as custodian for any third party.

This report was approved by the Trustees on 17 March 2016, and was signed for and on behalf of the board by

A Pandya

Torary Secretary & Company Secretary

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE BRITISH ASSOCIATION OF PLASTIC RECONSTRUCTIVE AND AESTHETIC SURGEONS

We have audited the financial statements of The British Association of Plastic Reconstructive and Aesthetic Surgeons for the year ended 30 September 2015 on pages 23 to 34. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITOR

As explained more fully in the Statement of Trustees' Responsibilities set out on pages 7 and 8, the trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

#### SCOPE OF AUDIT OF THE FINANCIAL STATEMENTS

A description of the scope of an audit of financial statements is provided on the Financial Reporting Council's website at <a href="http://www.frc.org.uk/auditscopeukprivate">http://www.frc.org.uk/auditscopeukprivate</a>.

#### **OPINION ON FINANCIAL STATEMENTS**

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 September 2015 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended:
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Companies Act 2006.

#### OPINION ON OTHER MATTER PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE BRITISH ASSOCIATION OF PLASTIC RECONSTRUCTIVE AND AESTHETIC SURGEONS (Continued)

### MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Strategic Report.

Kery Sauge

Kerry Gallagher, Senior Statutory Auditor For and on behalf of RSM UK AUDIT LLP, Statutory Auditor Davidson House Forbury Square Reading Berkshire RG1 3EU

23 march 2016

STATEMENT OF FINANCIAL ACTIVITIES (including Income & Expenditure Account) for the year ended 30 September 2015

	Notes	Unrestricted funds £	Restricted funds	Total 2015 £	Total 2014 £
INCOMING RESOURCES Incoming resources from generated funds Investment income Incoming resources from charitable activities	ń.	65,569	æ	65,569	61,329
Disseminating information on the specialty	2	1,041,695	58,000	1,099,695	1,409,354
TOTAL INCOMING RESOURCES		1,107,264	58,000	1,165,264	1,470,683
RESOURCES EXPENDED Charitable activities Disseminating information on the specialty Governance costs	3 4	1,223,510 15,370	149,968 -	1,373,478 15,370	1,245,161 18,254
TOTAL RESOURCES EXPENDED		1,238,880	149,968	1,388,848	1,263,415
NET (OUTGOING)/INCOMING RESOURCES & NET (EXPENDITURE)/INCOME FOR THE YEAR		(131,616)	(91,968)	(223,584)	207,268
TRANSFERS Gross transfers between funds		(91,968)	91,968	黨。	84
OTHER RECOGNISED GAINS AND LOSSES (Losses)/gains on investment assets	7	(79,508)	ŝ	(79,508)	26,431
NET MOVEMENT IN FUNDS		(303,092)	<b>T</b> .	(303,092)	233,699
RECONCILIATION OF FUNDS Fund balances brought forward at 1 October 2014		2,107,864	<u>.</u>	2,107,864	1,874,165
FUND BALANCES CARRIED FORWARD AT 30 SEPTEMBER 2015	10	1,804,772		1,804,772	2,107,864
		========	========	========	======

The net movement in funds for the year arises from the Charity's continuing operations. No separate statement of total recognised gains and losses has been presented as all such gains and losses have been dealt with in the statement of financial activities.

BALANCE SHEET as at 30 September 2015

Company Number: 02657454

	Notes	<b>2015</b> £	<b>2014</b> £
FIXED ASSETS Tangible assets Investments	6 7	6,914 1,445,696	10,126 1,416,517
CURRENT ASSETS Debtors Debtors	8	1,452,610 131,544 407,534	1,426,643 105,660 777,619
Cash at bank and in hand  LIABILITIES  Creditors: Amounts falling due within one year	9	539,078 (186,916)	883,279 (202,058)
NET CURRENT ASSETS	3	352,162	681,221
TOTAL ASSETS LESS CURRENT LIABILITIES & NET ASSETS		1,804,772	2,107,864
THE FUNDS OF THE CHARITY Restricted income funds e-Learning Fund	10	æs	5
Unrestricted income funds General Fund	10	1,804,772	2,107,864
TOTAL CHARITY FUNDS	11	1,804,772	2,107,864

The financial statements on pages 23 to 34 were approved by the Trustees and authorised for issue on 17 March 2016, and are signed on their behalf by

N S G Mercer

... President

N James

..... Honorary Treasurer

Financial statements for the year ended 30 September 2015

#### **ACCOUNTING POLICIES**

#### BASIS OF ACCOUNTING

The financial statements have been prepared to comply with current statutory requirements (principally being the Companies Act 2006 and the Charities Act 2011), under the historical cost convention, except as modified for the annual revaluation of fixed asset investments, and in accordance with United Kingdom Generally Accepted Accounting Practice. The recommendations in Accounting and Reporting by Charities: Statements of Recommended Practice (revised 2005) issued by the Charity Commission in March 2005 have been followed. The accounting policies have been applied consistently in prior years.

#### **INCOMING RESOURCES**

General donations and other similar types of voluntary income are brought into account when receivable and donated income is included gross of any attributable tax recoverable, where relevant. Donations given for specific purposes are treated as restricted income.

Investment income is accounted on a receivable basis once the dividend or interest has been  $\mathsf{declared}_{\scriptscriptstyle{\mathbb{R}}}$ 

Credit is taken in the accounts for the proportion of subscriptions which are receivable in the financial period. All other similar types of income are also accounted for on an accruals basis.

#### **RESOURCES EXPENDED**

Resources expended are allocated to the Charity's principal activity where the costs can be identified as being directly related to that activity. All costs that cannot be identified as relating directly to the Charity's principal activity are categorised as either support costs or governance costs. Any costs that cannot be specifically categorised are allocated in proportions based upon a suitable ratio applicable to the nature of the cost involved.

Grants payable are recognised in the period in which the approved offer is conveyed to the recipient except in those cases where the offer is conditional, such grants being recognised only when the conditions attaching to the award are fulfilled. Grants offered subject to conditions, which have not been met at the balance sheet date, are noted as a potential commitment, but are not treated as a liability.

Governance costs are the costs associated with running the Charity as a charitable company, and in particular include a proportion of support staff costs, other support costs and audit fees.

#### **TANGIBLE FIXED ASSETS**

All tangible assets purchased that have an expected useful economic life that exceeds one year are capitalised and classified as fixed assets. Tangible fixed assets are stated at historical cost less depreciation. Depreciation is provided on all tangible fixed assets at rates calculated to write each asset down to its estimated residual value over its expected useful life, as follows:

Leasehold improvements
Presidential badge & chain
Furniture, fittings & office equipment
Computer equipment

over 10 years straight line 25% reducing balance 25% reducing balance 33.3% reducing balance

Financial statements for the year ended 30 September 2015

ACCOUNTING POLICIES (Continued)

#### INVESTMENTS

The Charity's investments are included in the balance sheet at their market value. The gains or losses arising upon their annual revaluation are included in the statement of financial activities.

#### LEASED ASSETS AND OBLIGATIONS

Where assets are financed by leasing agreements that give rights approximating to ownership ("finance leases"), the assets are treated as if they had been purchased outright. The amount capitalised is the present value of the minimum lease payments payable during the lease term. The corresponding leasing commitments are shown as obligations to the lessor.

Lease payments are treated as consisting of capital and interest elements, and the interest is charged to the statement of financial activities in proportion to the remaining balance outstanding.

All other leases are "operating leases" and the annual rentals are charged to the statement of financial activities on a straight line basis over the lease term.

#### **PENSION CONTRIBUTIONS**

The Charity participates in a multi-employer defined benefit pension scheme known as the Superannuation Arrangements of the University of London ("SAUL"). The scheme is contracted out of the State Earnings-Related Pension Scheme, and is a centralised scheme for certain employees with the assets held in separate trustee-administered funds. The Charity is unable to identify its share of the underlying assets and liabilities of the scheme.

The amount charged to the statement of financial activities in respect of pension costs is the total contributions payable for the year.

#### **FUND ACCOUNTING**

The general fund comprises the accumulated surpluses of unrestricted incoming resources over resources expended, which are available for use in furtherance of the general objective of the Charity.

Designated funds are a particular form of unrestricted funds consisting of amounts which have been allocated or designated for specific purposes by the Trustees. The use of designated funds remains at the discretion of the Trustees.

Restricted funds are funds subject to specific conditions imposed by donors. The purpose and use of the restricted funds are set out in the notes to the accounts. Amounts unspent at the year end are carried forward in the balance sheet.

# NOTES TO THE FINANCIAL STATEMENTS for the year ended 30 September 2015

		Unrestricted funds £	Restricted funds	Total 2015 £	Total 2014 £
1.	INVESTMENT INCOME				
	Bank interest receivable on short term cash deposits Income from investments listed	6,881	Ĕ	6,881	11,844
	on a recognised stock exchange: UK investments	58,688	*	58,688	49,485
		65,569	<u> </u>	65,569	61,329
2.	INCOME FROM DISSEMINATING INFORMATION ON THE SPECIAL	гү			
	Subscription income from members	321,601	-	321,601	312,272
	Winter Scientific Meeting income	148,401	7.	148,401	167,274
	Summer Scientific Meeting income Journal income e-Learning funding from the	78,873 371,579	-	78,873 371,579	32,696 703,396
	Department of Health	140	58,000	58,000	100,000
	Advanced Education Course income	99,148	55,000	99,148	88,566
	Aesthetic Masterclass income BAPRAS/BOA lower limb	20,032	ĕ	20,032	€
	book income	-	5	: <del>-</del>	1,563
	Other income	2,061	2	2,061	3,587
		1,041,695	58,000	1,099,695	1,409,354
		=======		=======	======

# NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

	Unrestricted funds £	Restricted funds	Total 2015 £	Total 2014 £
3. COSTS OF DISSEMINATION ON THE SPECIALTY	ING			
Direct costs:	400.004		100.001	
Winter Scientific Meeting of	osts 108,021	=	108,021	179,938
Summer Scientific Meeting	costs 50,405	=	50,405	93,793
Additional ESPRAS 2014	costs 32,194	== :::	32,194	9E 990
Journal expenditure	74,774	- 149,968	74,774 149,968	85,882 171,243
e-Learning project costs Advanced Education cours	:A	149,900	149,900	17 1,243
costs	88,960	2	88,960	56,970
Aesthetic Masterclass cost			26,829	30,370
Medical Student Day costs		- 2	15,516	6,509
Council and committee			.010.0	0,000
meeting expenses	45,735	-	45,735	29,690
Healing Foundation grant	75,000	12	75,000	56,250
BFIRST funding	40,000	1.55	40,000	49,750
Overseas grants	13,545		13,545	10,013
Grants, bursaries, awards				
and prizes awarded to:				
Forty-six		13		
(2013/2014: Forty-two)	77.007		77.007	0.4.00
individuals	77,007	-	77,007	64,283
Research grants awarded Four	to:			
(2013/2014: None)				
individuals	73,720		73,720	
Public education costs	111,012	-	111,012	70,235
Audit database	28,259	7.75 7.24	28,259	30,310
Website costs	42,424	1 -	42,424	37,122
Subscriptions	7,774	0.2	7,774	13,133
Archive costs	20,532	() <b>(</b> ()	20,532	03=
	931,707	149,968	1,081,675	955,121
Support costs (see note 4)	291,803	. 10,000	291,803	290,040
	1,223,510	149,968	1,373,479	1,245,161

During the year, fifteen (2013/2014: fifteen) trustees were reimbursed for Council and committee meeting expenses incurred totalling £14,792 (2013/2014: £15,791).

# NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

		Support costs £	Governance costs	Total 2015 £	Total 2014 £
4.	SUPPORT & GOVERNANCE COSTS				
	Staff costs (see note 5) Operating lease rentals:	182,363	4,676	187,039	178,061
	Land and buildings Other office costs Legal and professional fees Auditor's remuneration:	17,707 38,459 1,721	454 986 44	18,161 39,445 1,765	18,037 53,676 4,862
	Audit fees Accountancy and advisory Other expenses Depreciation - owned assets Irrecoverable Value Added Tax	2,401 7,340 3,132 38,680	7,950 188 80 992	7,950 2,401 7,528 3,212 39,672	7,950 5,884 8,254 4,738 26,832
		291,803	15,370	307,173	292,419

The Charity strives to analyse expenditure as direct costs when transactions are being processed, but thereafter, allocates support costs on the basis of estimated staff time involved.

Included within auditors' remuneration are amounts payable to RSM UK Audit LLP (formerly Baker Tilly UK Audit LLP) in respect of audit services of £7,950 (2013/2014: £7,950) and amounts payable to RSM UK Tax and Accounting Limited (formerly Baker Tilly Tax and Accounting Limited) in respect of accountancy and advisory services of £2,401 (2013/2014: £5,884).

### NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

5	STAFF COSTS	2015	2014
	The second of the second of	No.	No.
	The average monthly number of persons employed by the Association (excluding Council members) during the year was as follows:		
	Secretariat office	8	7
		==:	==
	Staff costs for the above persons:	£	£
	Wages and salaries	153,232	147,444
	Social security costs	12,898	12,010
	Other pension costs	14,668	13,538
	Healthcare provision	6,241	5,069
		187,039	178,061
			=====

The costs of employees are shared with The British Society for Surgery of the Hand, which also shares the secretariat office space with the Association. No employee received total emoluments in excess of £60,000 during the current or previous year. No Council member received any remuneration for services as a Council member provided to the Association during the current or previous year.

The Charity has taken out a charity trustees' indemnity and professional indemnity insurance policy that provides professional indemnity cover for the Trustees of the Charity. The cover provided by the policy is £5 million (2013/2014: £2 million) for any one claim. The cost of this insurance policy to the Charity for the year was £12,322.50 (2013/2014: £8,895).

#### 6. TANGIBLE FIXED ASSETS

	Leasehold improvements £	Presidential badge & chain £	Furniture fittings & office equipment £	Computer equipment	TOTAL £
Cost: 1 October 2014 and 30 September	50.040				
2015	56,619	7,201	33,496	69,515	166,831
Depreciation: 1 October 2014 Charge for the year	56,619	6,840 90	31,897 400	61,349 2,722	156,705 3,212
30 September 2015	56,619	6,930	32,297	64,071	159,917
Net book value: 30 September 2015	5 - ~=======	271	1,199	5,444	6,914
30 September 2014	 	361 =========	1,599	8,166 =======	10,126 =====

### NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

		<b>2015</b> £	<b>2014</b> £
7.	INVESTMENTS		
	Investment listed on a recognised stock exchange at market value: 1 October 2014 Additions at cost Unrealised (losses)/gains 30 September 2015	1,416,517 108,687 (79,508) 1,445,696	1,340,601 49,485 26,431 1,416,517
	At the balance sheet date, the market value of the portfolio comprised:		
	UK investments	1,445,696 =====	1,416,517
	Equities (unitised funds only)	1,445,696	1,416,517
	At the balance sheet date, the historical cost of the in September 2014: £1,293,502).		
	At the balance sheet date, the historical cost of the ir September 2014: £1,293,502).		
	September 2014: £1,293,502).  Individual holdings representing more than 5% of the market value of the portfolio at the balance sheet date	envestments was £1	1,402,189 (30 <b>2014</b>
	September 2014: £1,293,502).  Individual holdings representing more than 5% of the	envestments was £1	1,402,189 (30 <b>2014</b>
	September 2014: £1,293,502).  Individual holdings representing more than 5% of the market value of the portfolio at the balance sheet date are as follows:	2015 £	1,402,189 (30 <b>2014</b> £ 1,416,517
8.	September 2014: £1,293,502).  Individual holdings representing more than 5% of the market value of the portfolio at the balance sheet date are as follows:	2015 £ 1,445,696 ======	1,402,189 (30  2014 £  1,416,517 ======

### NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

		2015	2014
_		£	£
9.	CREDITORS		
	Amounts falling due within one year:		
	Trade creditors	55,567	23,342
	Other taxes and social security costs	12,281	64,137
	Other creditors	.2,201	13
	Winter Scientific Meeting income in advance	33,920	30,745
	Educational course income in advance	208	25,071
	Unpaid grants, awards and prizes	58,750	
	Accruals and deferred income	26,190	47,500 11,350
		20, 190	11,250
		186,916	202,058
		=====	=====
	Deferred income reconciliation:		
	Deferred income brought forward at 1 October	55,816	76,568
	Income released to the statement of financial activities	(55,816)	(74,948)
	Income received in advance	52,368	54,196
	Deferred income carried forward at 64 a		2 ., 100
	Deferred income carried forward at 31 August	52,368	55.816
		=====	=====

Deferred income includes income received in advance for events due to take place in 2015/2016 or thereafter (30 September 2014: events due to take place in 2014/2015 or thereafter).

#### 10. THE FUNDS OF THE CHARITY

Restricted	1 October 2014 £	Incoming resources £	Outgoing resources	Transfers between funds £	Losses on investments	30 September 2015 £
e-Learning Fund Unrestricted	d -	58,000	(149,968)	91,968	ies	*
income funds: General Fund	2,107,864	1,107,264	(1,238,880)	(91,968)	(79,508)	1,804,772
	2,107,864 ======	1,165,264	(1,388,848)	=====	(79,508)	1,804,772

The e-Learning Fund was set up in 2008/2009 following the receipt of funding from the Department of Health to cover the costs incurred by the Charity in working in partnership with the Department of Health on its e-Learning for Healthcare programme. The Charity has spent a large amount of money on this project and funded £91,968 (2013/2014: £71,243) of this expenditure itself by a transfer from the General Fund.

Included within the General Fund are net unrealised gains arising on the revaluation of investments totalling £43,507 (30 September 2014: £123,015).

NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

#### 11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed assets £	Net current assets £	Total £
Unrestricted income funds: General Fund	1,452,610	352,162	1,804,772
NET ASSETS	1,452,610	352,162 =====	1,804,772

#### 12. PENSION COMMITMENTS

The charitable company participates in a centralised defined benefit scheme known as the Superannuation Arrangements of the University of London ("SAUL") for all qualified employees with the assets held in separate trustee-administered funds. It is not possible to identify the charitable company's share of the underlying assets and liabilities of SAUL. Therefore, contributions are accounted for as if SAUL were a defined contribution scheme and pension costs are based on the amounts actually paid (cash amounts) in accordance with paragraphs 8-12 of FRS17. The amount charged to the statement of financial activities in respect of pension costs (as shown in note 5) is the total contributions payable for the year. Any contributions payable at the balance sheet date are treated as creditors (as shown in note 9).

SAUL is subject to triennial valuation by professionally qualified and independent actuaries. The last available valuation was carried out as at 31 March 2011 using the projected unit credit method in which the actuarial liability makes allowance for projected earnings. The main assumptions used to assess the technical provisions were:

Pre-retirement dis-	ons were:
Pre-retirement discount rate	6.80% per annum
Post-retirement discount rate	4.70% per annum
General salary increases – to March 2014	3.75% per annum
General salary increases – after March 2014	4.50% per annum
Price inflation – RPI	3.50% per annum
Price inflation – CPI	2.80% per annum
Pension increases in payment	2.80% per annum

The actuarial valuation applies to SAUL as a whole and does not identify surpluses or deficits applicable to individual employers. As a whole, the market value of SAUL's assets was £1,506 million representing 95% of the liability for benefits after allowing for expected future increases in salaries.

Based on the strength of the employer covenant and the trustee's long-term investment strategy, the trustee and the employers agreed to maintain employer and member contributions at 13% of Salaries and 6% of salaries respectively following the valuation. The above rates will be reviewed when the results of the next formal valuation (as at 31 March 2014) are known.

A comparison of SAUL's assets and liabilities calculated using assumptions consistent with FRS17 revealed SAUL to be in deficit at the last formal valuation date (31 March 2011). As part of this valuation, the Trustee and Employer have agreed that no additional contributions will be required to eliminate the current shortfall.

2044

2015

### THE BRITISH ASSOCIATION OF PLASTIC RECONSTRUCTIVE AND AESTHETIC SURGEONS

### NOTES TO THE FINANCIAL STATEMENTS (Continued) for the year ended 30 September 2015

#### 12. PENSION COMMITMENTS (Continued)

The more material changes (the introduction of a Career Average Revalued Earnings, or "CARE", benefit structure) to SAUL's benefit structure will apply from 1 July 2012. As a consequence, the cost of benefit accrual is expected to fall as existing final salary members are replaced by new members joining the CARE structure. This will allow an increasing proportion of the expected asset return to be used to eliminate the funding shortfall. Based on conditions as at 31 March 2011, the shortfall is expected to be eliminated by 31 March 2021, which is 10 years from the valuation date.

#### 13. COMMITMENTS UNDER OPERATING LEASES

	2015 £	2014 £
At 30 September 2015, the charity was committed to the following payments under non-cancellable operat leases as follows: In respect of land & building leases — Expiring in two to five years	ing	
- Apriling in two to live years	34,088	34,088

#### 14. RELATED PARTY TRANSACTIONS

The Association shares its secretariat office (and therefore also the related operating lease commitment) with The British Society for Surgery of the Hand ("BSSH"), another United Kingdom charitable company. The costs of employees and other administrative overheads are also shared with BSSH, and accordingly an informal arrangement for recharging costs is operated between the two organisations.

At the balance sheet date, £24,639 (30 September 2014: £11,091) was owed by BSSH and is included in other debtors, and £3,082 (30 September 2014: £1,262) was owed to BSSH and is included in trade creditors.